














SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lenten Practices FOR FAMILIES			FEB 26 God, help our family as we seek to observe these Lenten practices this year. Amen. ASH WEDNESDAY	FEB 27 Write a note or make a phone call to someone who is home bound or in the hospital.	FEB 28 Gratitude — Notice three reasons you are grateful and write them down.	FEB 29 God, please help us to notice you each and every day. Amen. 
MARCH 1 Pick up trash in or around your house. 	MARCH 2 Kindness — Do something kind for another person, without telling them about it.	MARCH 3 God, when we are unkind or unloving, please forgive us. Amen.	MARCH 4 Say thank you to someone who serves you, like the mail carrier, or garbage collector.	MARCH 5 Thank you, God, for the many blessings you give to us, today and every day. Amen.	MARCH 6 Imagination — Draw a picture of what it means to love God and love your neighbor.	MARCH 7 Leave food out for birds or squirrels. 
MARCH 8 God, please be near to those who are ill at home or in a hospital. Amen.	MARCH 9 Compassion — Is it hard to show compassion to someone who isn't kind to you? Why or why not?	MARCH 10 Clean up trash in a public park or school. 	MARCH 11 God, please help us to remember to take care of the world you created and be kind to the earth. Amen.	MARCH 12 Joy — Make an extra effort to smile at every person you see today.	MARCH 13 Leave a happy note on a stranger's windshield. 	MARCH 14 God, please help us to share the love of Jesus with people we meet today, and every day. Amen.
MARCH 15 Peace — World Peace begins at home. Be kind to your family today, as you are able.	MARCH 16 Hold the door open for someone. 	MARCH 17 God, please help us to remember parts of the world where there is war and violence, and to always pray for peace. Amen.	MARCH 18 Tolerance — Research some information on a different religion or culture today.	MARCH 19 Give a compliment to a stranger. 	MARCH 20 God, please help us to learn about others who are different than we are and to always pray together. Amen.	MARCH 21 Justice — Justice means being fair to others and giving others equal opportunity. How can you show justice to others?
MARCH 22 Return the cart for someone at the grocery store. 	MARCH 23 God, thank you for each day. Whether it is a good day or a challenging one, you are always with us. Amen.	MARCH 24 Fasting — Do without dessert or screen time today (or both).	MARCH 25 Donate a book to a free little library in town. 	MARCH 26 God, you are a friend to all. Help us to always remember this. Amen.	MARCH 27 Mystery — Many things about faith are a mystery. Name something you find mysterious about God.	MARCH 28 Learn about an organization in your town that is doing good work and send them a note or donation.
MARCH 29 God, thank you for your unconditional love for us and for everyone in the whole world. Amen.	MARCH 30 Silence — Try to be silent for 5 minutes. Set a timer. 	MARCH 31 Donate food to a food pantry. 	APRIL 1 God, may everyone in your world always have enough to eat. May we help make that dream a reality. Amen.	APRIL 2 Hospitality — Invite someone to come to your house today or sometime soon.	APRIL 3 For food in our stomachs, pillows for our head, and all of the other blessings you provide, we say "Thank You, God." Amen.	APRIL 4 Shovel snow or sweep the walk for a neighbor. 
APRIL 5 God, help us to have a special Holy Week as we get nearer to the day of resurrection. Amen.	APRIL 6 Love — Jesus asks us to love our neighbors, even people we don't know. How can we do that?	APRIL 7 Show kindness in a meditation. Close your eyes and pray God's goodness on someone who lives far away.	APRIL 8 God, during this Holy Week, may we spend extra time in prayer and service. Thank you for your grace. Amen.	APRIL 9 Hope — Hoping and waiting are very similar. What is something you are hoping or waiting for?	APRIL 10 Color paper place mats and deliver them to a senior living center.	APRIL 11 God, thank you for being with us during this Lent and all the time. We pray for a joy-filled Easter tomorrow. Amen.
APRIL 12 Celebrate resurrection by planting a seed or drawing flowers! Happy Easter! EASTER SUNDAY	 <p>This calendar rotates through prayers, acts of service, and practices. Sometimes the practice is something to do; sometimes it is something to talk about. Try to do as many days as you can, but don't feel stress if you miss some days. Just pick up where you left off!</p>					